



September 2025

Relationships, Sex Education and Health Letter

Dear Parent(s)/Carer(s)

You will be aware that we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020 the Department for Education made Relationships, Sex and Health Education (RSHE) compulsory in all schools. For Sutterton Fourfields CE Primary and Swineshead St Mary's CE Primary this programme is from Year 1 to Year 6 (KS1 and KS2). Sex Education is optional in primary schools; however, we deliver a comprehensive, age appropriate programme to our Year 6 pupils in the summer term (a separate letter will follow).

We consult with parents annually our RSHE curriculum so that you are informed about the schools' decisions on when and how certain content is covered and we develop a lot of our planning from professional associations such as the PSHE Association.

The purpose of the curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

The policy for RSHE is available on the policies page on the school website. The PSHE and RSHE curriculum is available on the curriculum page of the website with detailed information about coverage per term for every year group.

As a school community, we are committed to working with parents. If you would like to find out more, make any comments or provide feedback, please contact our PSHE and RSHE Leader.

Yours sincerely,

LINCOLN ANGLICAN ACADEMY TRUST

Mrs Collett

Executive Headteacher

Ruskington Chestnut Street C of E Academy | Chestnut Street | Ruskington | NG34 9DL
Telephone 01526 888482 | Email enquiries@laat.co.uk | Web www.thelaat.co.uk

The Lincoln Anglican Academy Trust Ltd is a registered company in England and Wales No 8737412